Sample schedule of *Relay For Life* activities

Time	Activities
7:00 p.m.	Opening ceremony – survivor speaker, singers and performers
7:30 p.m.	Survivors' Victory Lap
8:00 p.m.	Arts and crafts – face painting, origami, T-shirt decorating and more
8:30 p.m.	Latin dance performance and dance lessons
9:00 p.m.	Live music
9:30 p.m.	Sumo wrestling
10:00 p.m.	Luminary Ceremony – music, inspirational speaker and moment of silence
10:30 p.m.	Why I Relay slide show
11:00 p.m.	Massage therapy
11:30 p.m.	Karaoke
12:00 a.m.	Midnight pizza party
12:30 a.m.	Trivia challenge
1:00 a.m.	Dodge ball
1:30 a.m.	Movie time
2:00 a.m.	PJs fashion show
2:30 a.m.	Cookie decorating
3:00 a.m.	Glow-in-the-dark mini-putt
3:30 a.m.	Tug of war
4:00 a.m.	Scavenger hunt
4:30 a.m.	Pillow sack race
5:00 a.m.	Rock, paper, scissors showdown!
5:30 am	Sunrise yoga
6:00 a.m.	Breakfast buffet
6:30 a.m.	Fight Back Ceremony
7:00 a.m.	Closing ceremony – announcing top fundraisers and final lap!